

# ACADEMIC SUCCESS WORKSHOPS

Sponsored by  
Office for Academic & Pre-Professional Advising

## **Tips for Managing Your Time - Oct. 2, 12pm - 1pm**

**Sherman Hall, 220 (B-Wing)**

*Efficient time management is the key to getting the most out of your day. Come in to learn tips on how to manage your time effectively.*

## **Exploring A Major - Oct. 9th & Nov 1st, 12pm - 1pm**

**Sherman Hall, 220 (B-Wing)**

*Exploring a major should be exciting & empowering! This workshop will empower students and equip them with tools and resources they can use to explore majors at UMBC.*

## **What's Your Learning Style? - Nov. 6th, 12pm - 1pm**

**Sherman Hall, 220 (B-Wing)**

*Learn how to identify your learning style and how you can use it to benefit your educational experience.*

## **Preparing for Advanced Registration - Oct. 23rd, 12pm - 1pm**

**Sherman Hall, 220 (B-Wing)**

*Do you have questions about registering for courses? Do you need advice on selecting courses for the upcoming semester? Come in to learn how to research your course requirements and get advice for selecting your general education courses.*

## **Stress Relief - Nov. 29th, 12pm - 1pm**

**Sherman Hall, 220 (B-Wing)**

*Sometimes we experience stressful situations that are beyond our control. This workshop will highlight tips for using campus resources while managing stressful situations during the semester.*

## **Office for Academic & Pre-Professional Advising**

Sherman Hall, 224 (B-Wing)

410-455-2729

arc@umbc.edu

advising.umbc.edu