

## OVERNIGHT CAREGIVER NEEDED IN CATONSVILLE, MD

PLEASE CONTACT: RASHEDA AT **(347) 283-4796**

We are looking for a kind, compassionate, reliable caregiver for:

An insightful 24 y/o, Female, 95 lbs (43 kg), paralyzed from shoulder down (can move neck and head)

Hours: 10 pm - 6 am (5 days a week - 40 hours)

Compensation: Cash/Bi-weekly/Pay- \$13/hour (negotiable)

### Overview of Responsibilities:

The client needs assistance with her bowel regimen and overnight care. **REQUIRED TRAINING PROVIDED**

### Work details:

- Bowel Regimen (60 - 90 minutes):
  - Gather all supplies (gloves, chucks, enema, lubricating jelly, wipes)
  - Turn client in bed onto the right side
  - Take off pants
  - Place 4 chucks under the client
  - Lubricate 2 enemas and insert them into the rectum
  - Wait for 15 minutes for stool to release onto the chuck
  - Removed soiled chuck and clean
  - Replace with another clean chuck
  - Lubricate the tip of the index finger
  - Perform digital stimulation (insert the lubricated finger into the anus and slowly rotate the finger to release the remaining stool until no visible stool on the finger)
  - Clean the area, replace the chuck and change gloves
  - Repeat the last 2 steps 2 more times, waiting 5 minutes in between
  - Clean in an upward (towards the back) until no stool is visible in genital area
  - Clean with a washcloth wipe to ensure proper cleaning
  - Change Mepilex dressings on upper thighs
  - Turn client onto her back
  - Clean front side of genital area using a downward motion
  - Clean suprapubic catheter area with saline
  - Place split gauge around the catheter
  - Dress client (shorts)
- Overnight care
  - Give client medications
  - Put on hands and feet splints
  - Turn client onto desired side
  - Empty foley bag (ensure tube isn't obstructed and urine is draining properly)
  - Turn client onto other side every 3 hours
  - Give water when asked
  - Adjust covers and/or body when needed
- *Preferred* experience/skills/traits:
  - Good English is a must
  - Good verbal and active listening skills
  - Willingness to learn, ask questions, receive and accept suggestions
  - Attention to detail, honesty and transparency
  - Self-care and excellent hygiene practices
  - Hardworking and even-tempered