



Health, Wellness, and Aging (Fall 2021) [18-credit]

UNDERGRADUATE MINOR CONCENTRATION

Required Courses (12 credits) :

AGING 200: Aging People, Policy, and Management	<i>SS GEP, Writing Intensive (WI)</i>
AGNG 315: Health and the Aging Process	<i>SCI Lecture GEP</i>
AGNG 320: Strength-Based Approach to Promoting Health and Wellness in Aging Services	<i>WI</i>
AGNG 389: Integrative Approaches to Promoting Wellness in Aging	

Elective Courses (6 credits/2 3-credit courses selected from the following):

AGNG 355: The Experience of Dementia	<i>SS GEP</i>
AGNG 321: Strength-Based Approach to Achieving Mental Wellness in the Older Adults	<i>WI</i>
AFST 390: American Health Care System and the Black Community	
AFST 394: Race, Social Inequality, and Institutional Structure	
BIOL 251: Human Anatomy and Physiology	
BIOL 307: Human Physiology	
ECON 467: Health Economics	
HAPP 100: Survey of the US Health Care System	
HAPP 200: Human Development Implications for Health and Disease	
POLI 452: Politics of Health	
PSYC 306: Lifespan Human Development	
PSYC 385: Health Psychology	
PSYC 441: Social/Health Psychology	
SOCY 351: Sociology of Health, Illness, and Medicine	

**All courses towards the minor must be completed with a grade of C or better.

Effective Fall 2021

All courses available Spring 21

Why add a Minor Concentration in Health, Wellness, and Aging?

- As our population ages, employment in healthcare occupations is predicted to grow at a faster rate than all other occupational categories
 - A predicted increase of increase by 14% in the decade 2018 – 2028
U.S. Bureau of Labor Statistics, 2020
- Career paths for those interested in health and aging are expanding and include both direct and indirect work with older adults such as:
 - Health care fields, health promotion and education, advocacy, research, non-profit and voluntary organizations, policy
- This Minor provides:
 - an overview of health and aging that will compliment and supplement the academic knowledge gained in many UMBC Major programs
 - an interdisciplinary and multidisciplinary perspective on healthy aging throughout the lifespan
 - an understanding of the relationship between health and aging and the factors that impact changing health and wellness status over the life course
 - an overview of the common diseases of later life and their impact on physical, mental, cognitive, functional, and psychosocial health
 - an emphasis on optimal aging and resilience and adaptation in later life.

For More Information Contact:

Louise Murray
Director of Undergraduate Programs
Immurray@umbc.edu

Desiree Sterling
Coordinator, Recruiting and Advising
des3@umbc.edu

<https://erickson.umbc.edu/>
LinkedIn- @The Erickson School of Aging Studies