

# LOOKING IN THE MIRROR

Join us for conversations that will help us heal and grow.

As quoted in President Freeman Hrabowski's book, *The Empowered University* (2019), "as a healthy campus, we must look in the mirror and be honest with ourselves" (p. 234). We have an opportunity to carry out the spirit of shared leadership, culture change and academic success that guides this Looking in the Mirror series. Over the next school year, organizers of this series seek to provide faculty and staff an opportunity to engage and voice your opinions about pivotal topics that shape our future as a university and individual growth.

## **Mental Health: Ourselves and Students**

In this session, speakers will discuss the trauma that all have experienced due to the pandemic and the strength it takes to move forward and begin again. Faculty might discuss their concerns for themselves and/or the students they teach. How can we meet the mental health challenges ahead in this new world?

Friday, September 17, 2021

12 noon - 1 pm

Speaker: Dr. Loren Henderson, Associate Professor, Sociology

## **Equity: What Does it Truly Mean?**

In this session, equity is discussed and defined from racialized perspectives. Misconceptions of equity are explored. Where do we go from here?

Friday, October 22, 2021

12 noon - 1 pm

Speakers: Dr. Kindel Nash, Associate Professor and Dr. Keisha Allen, Assistant Professor, Education

## **Microaggressions: Identifying, Defining and Transforming Oneself**

Microaggressions are commonly experienced by marginalized groups within many settings. This session will discuss the various types of microaggressions and make connections between microaggressions and bias. It will also provide tools for avoiding microaggressions and tips for navigating microaggressive experiences.

Friday, November 12, 2021

12 noon - 1 pm

Speaker: Dr. Jasmine A. Lee, Director of Inclusive Excellence Student Affairs



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