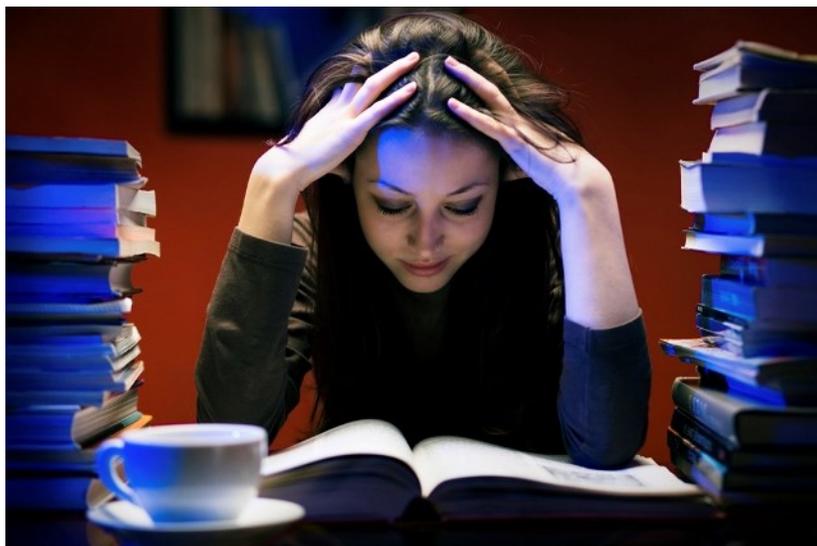


# SKILLS FOR SUCCESS

Sponsored by the Counseling Center



**Wednesdays**

**12 – 12:45 pm**

**Commons Room 329**

**SPRING 2015**

- **Procrastination** April 1
- **Stress Management** April 8
- **Time Management** April 15
- **Test Anxiety** April 22
- **Motivation/Goal-Setting** April 29  
\* in collaboration with Career Services \*
- **Sleep/Get through Finals** May 6  
\* in collaboration with UHS Peer Health Educators \*



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