

## WHAT IS INTERACT?

Interact is a four-week program for undergraduate students focused on creating **an introduction to the dialogue skills required to engage in difficult conversations**, dialogue across difference, and intercultural dialogue.

The goal of Interact at UMBC is to **develop foundational dialogue skills** such as critical self-awareness, listening and sharing authentically, asking questions toward creating deep connections, and apologizing and adjusting appropriately, while creating opportunities for participants to become more self-aware. As a result of participation in Interact, participants will have the skills to engage in dialogue within any type of situation and any topic of conversation.

Participants meet weekly in small groups for 90-minute sessions that are co-facilitated by 2-3 facilitators. Each small group consists of 10-15 participants. During these sessions, participants learn and practice the necessary skills to become **inclusive leaders** and **engaged community members**.

Participants who attend at least three of the four sessions will be entered into a raffle to win prizes such as a PORTABLE PROJECTOR and WEIGHTED BLANKET!



TO REGISTER, SCAN THE QR CODE OR GO TO tiny.cc/InteractFa25



Division of Institutional Equity

CENTER FOR SOCIAL JUSTICE DIALOGUE



**79%** of respondents strongly agreed or agreed that the program would make them **inclusive leaders**.

**81%** strongly agreed or agreed that Interact made participants more engaged community members.



**74%** found the Interact Dialogues
Program to be **extremely or very effective**.

**No respondents** reported finding the program ineffective.



**89%** of participants were likely to recommend the program to first year students, 84% to other student leaders on campus and 87% to student-staff trainees.

This program is open for full participation by all individuals regardless of race, color, religion, sex, national origin, or any other protected category under applicable federal law, state law, and the University's nondiscrimination policy.