

Workplace Learning, OD & Wellness

MAY OPPORTUNITIES

**5/2,9,16,23-COMMUNITY MINDFULNESS FOR MENTAL
HEALTH-IN PERSON**

5/3-WEBINAR-PROVIDING EFFECTIVE FEEDBACK

**5/5,12,19,26-COMMUNITY MINDFULNESS FOR MENTAL
HEALTH-VIRTUAL**

5/8-5/12 HR WEEK

(10 INDIVIDUAL TOPIC SESSIONS + MEET & GREET)

5/17-RETRIEVER TALKS 2023

5/17-WEBINAR-LEARNING WITHOUT LECTURES

5/24-WEBINAR-DEALING WITH YOUR IMPOSTER SYNDROME

5/31-WEBINAR-STOP TRYING TO BE ME:

LIVE YOUR OWN LIFE

REGISTER AT WWW.UMBC.EDU/TRAINING