

# National Nutrition Month

Meet and ask questions to our on-campus registered dietitian, Sarena Glenn! Free consultations will also be available!

## **true grit's**

Monday, March 2nd | Dinner 6pm-7:30pm  
Thursday, March 5th | Lunch 12pm-1pm  
Wednesday, March 11th | Lunch 12pm-1pm

## **common's mainstreet**

Monday, March 23rd | 11:30am-1pm

Join Chartwells and University Health Services for a mini health fair in honor of National Nutrition Month! Play games, watch demos, learn about sustainable eating habits, try a sample of an easy and delicious dish you can make in your own dorm room!

## **retriever activities center**

Wednesday, March 25 | 3:30pm-5pm