

RED WATCH BAND

Training sessions
in Commons 331

November 1st 7-8:30pm

November 13th 12-1:30pm

November 29th 7-8:30pm

Everyone receives a certificate, a red WristBand, and a T-shirt at the Men's Basketball game on Dec 3 for completing the 1.5 hour training program.
You can help save a friend's life!

Free food at all training sessions • Looks great on a resume

Request a Red Watch Band training for your student org by contacting samsmith@umbc.edu

REGISTER ON MYUMBC: WWW.MY.UMBC.EDU/GROUPS/HEALTHED/EVENTS

PROGRAM DEVELOPED BY STONY BROOK UNIVERSITY