

# Question, Persuade, Refer: Suicide Prevention Training

Learn to recognize the signs that someone is struggling and how you can help prevent suicide.



## In-Person Workshop:

Wednesday, October 18 from 2 - 3 p.m.

Center for Well-Being Room 118

## Virtual Workshops:

Tuesday, September 19 from 11 a.m. - 12 p.m.

Thursday, November 9 from 1:30 - 2:30 p.m.



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RETRIEVER  
INTEGRATED  
HEALTH



**Register now  
on myUMBC!**