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page!*



EXECUTIVE FUNCTIONING WORKSHOP SERIES

Join this 3-session series to learn:

- ✓ Why executive functioning is important
- ✓ Personal strengths and growth areas
- ✓ Practical tools to manage challenges



**The Center for Well-Being
Room 118**
*No registration is required for
this workshop*



Tuesdays 2:30pm-3:30pm
November 28
December 5
December 12