



RETRIEVER
INTEGRATED
HEALTH

RELATIONSHIPS: UNDERSTANDING YOURSELF & OTHERS



- Identifying what types of relationships you want
- Understanding your own strengths & weakness
- Learning how to set boundaries



Learn more on
our myUMBC
page!

**Center for Well-Being
Room 118
10:15 - 11:30 a.m.
3 Workshop Series
Wednesdays, September 25,
October 2 and 9**

All RIH services are LGBTQIA2S+ friendly and are welcoming to all diverse populations.

Need accommodations?

Contact swill@umbc.edu at least 1 week in advance