



UMBC

RETRIEVER  
INTEGRATED  
HEALTH

# International Student Support Group

A space to build community and connection while learning the best ways to

- *Manage expectations*
- *Cope with homesickness*
- *Adjust to campus life*
- *Reduce stress*

**FRIDAYS 10:30 a.m – 12:00 p.m**  
**Starting September 13, 2024**



All RIH services are LGBTQIA2S+ friendly and are welcoming to all diverse populations. To learn more and join call (410)-455-2542 or visit your RetriverCare portal to schedule your Initial Consultation appointment.