

Graduate Student Support Group

Meets Virtually on Thursdays from 3 - 4:15 p.m.

Improve your Graduate School experience!

- Find connections
- Navigate current struggles
- Find critical resources
- Understand the graduate culture
- Get advice from peers
- Improve self-care skills

Find
Your
Balance



UMBC

RETRIEVER
INTEGRATED
HEALTH



**Interested? Call Retriever Integrated Health at (410) 455-2542
to schedule a group screening interview to get more
information.**

All RIH services are LGBTQIA2S+ friendly and
are welcoming to all diverse populations.