



CHANGING
 HEALTHY
 SUCCEEDING
 HAPPY
 DREAM
 LIGHTER
 CONFIDENCE
 STRONGER
 STRENGTH
 SMILES
 BELIEVE
 LOVE
 SMILE
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BECAUSE IT WORKS™

JOIN US FOR AN INFORMATION SESSION.

WEIGHT WATCHERS CAN HELP YOU ACHIEVE YOUR WEIGHT-LOSS GOALS. COME LEARN HOW.

Join us for an information session hosted by a Weight Watchers Leader who has successfully lost weight with Weight Watchers. Ask questions. See what's happening. Learn about the proven Weight Watchers approach and how you can attend AI Work meetings.*

Purchase an AI Work meeting series and get Weight Watchers eTools, our Internet weight-loss companion, FREE.**



Registration will be available.

DATE	Wednesday, January 23rd
TIME	11:45am – 12:30pm
LOCATION	SONDHEIM 205
PRICE	\$156 for 12 Weeks – Includes FREE eTools (Cash, check, or charge accepted)
CONTACT	Mickey Arora, parora@umbc.edu, x5-3752

* Available only in participating areas. Pre-payment required and further restrictions may apply. Minimum enrollment required to start an AI Work meeting.
 ** Available in participating areas only. Minimum enrollment required. Total payment required in advance. Must purchase at the start of a 12-week series to get 14 weeks of free eTools. Must purchase at the start of a 17-week series to get 19 weeks of free eTools. Offer not valid for local Weight Watchers meetings or Online subscriptions. Your eTools subscription will automatically renew each month at \$14.95 per month, unless you cancel before the end of 14 weeks or 19 weeks of eTools. Visit www.weightwatchers.com/cancel for instructions on how to cancel. Offer not transferable and price is subject to change.
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