

RED WATCH BAND

TRAINING SESSIONS IN COMMONS 331

OCTOBER 26TH 12-1:30PM

NOVEMBER 10TH 3-4:30PM

NOVEMBER 16TH 6-7:30PM

NOVEMBER 19TH 2-3:30PM

EVERYONE RECEIVES A CERTIFICATE AND A RED WRISTBAND
FOR COMPLETING THE 1.5 HOUR TRAINING PROGRAM

YOU CAN HELP SAVE A FRIEND'S LIFE!

FREE FOOD AT ALL TRAINING SESSIONS • LOOKS GREAT ON A RESUME

REQUEST A RED WATCH BAND TRAINING FOR YOUR STUDENT ORG BY CONTACTING PIRIZARRY@UMBC.EDU

REGISTER ON MYUMBC: WWW.MY.UMBC.EDU/GROUPS/HEALTHED/EVENTS

PROGRAM DEVELOPED BY STONY BROOK UNIVERSITY