

2023 USM-SPONSORED METLIFE BENEFITS ANNUAL ENROLLMENT

Enrollment Ends Wednesday!



LAST THREE DAYS

TIME IS RUNNING OUT

ACT NOW AND CHECK BENEFITS OFF YOUR LIST



How to Enroll

To enroll or update beneficiaries, [visit](#) and click the *Enroll/View Coverage* button. Note, this option to enroll online closes at 11:59 pm EST on 3/15/23.

Optional Life & Long Term Disability

Employee ID - your W Number (no dashes or spaces)
Initial PIN/password - the last four numbers of your W number
plus your four-digit birth year

Note, if you logged in during the past year, all passwords have
been reset to the above for this Annual Enrollment.

Example:
W#: W1123456
Date of Birth: 08/12/1989

Employee ID or SSN:
W1123456
PIN: 34561989

More info

metlife.com/USMD

