



# Celebrate Black History Month with TIAA

## Knowledge is Power: Turning challenges into solutions

Saving enough money to comfortably retire is a goal most workers share, but achieving that goal can prove stubbornly difficult. For Black Americans and other diverse groups, the challenge is even more paramount.

As we celebrate Black History Month, we recognize and honor the great accomplishments of Black Americans who have come before us – those who have made a positive difference in society and our collective culture, and who have embodied the principles of “Knowledge is Power.” We are grateful for all we continue to learn through their intellectual curiosity, wisdom and sharing.

The TIAA Institute is also committed to building and sharing knowledge, and we are honoring Black History Month by harnessing our research to increase awareness of the gaps, challenges, and opportunities to help retire inequality and build on the progress of our predecessors.

TIAA leaders discuss drawing on TIAA Institute research and TIAA initiatives to learn more about:

- The state of financial preparedness among Black Americans and other demographic groups, and ways to close gaps
- The importance of understanding longevity
- What longevity fitness means and steps to get on track
- Connections between health and wealth – two sides of the same coin
- Resources and information to support financial well-being, to and through retirement

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## Featured speakers:

Moderator: **Ahtis Davis**, Vice President and Head of DE&I Strategy & Programs, TIAA

Presenters: **Anne Ollen**, Managing Director, TIAA Institute & **Shelly-Ann N. Eweka**, Senior Director, TIAA Institute

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