



Health Benefits

Together, we are working toward a **healthier community.**

State Employees, Satellite Employees and Retirees

Open Enrollment is Coming!
October 14 - November 7, 2025

Don't miss the opportunity to enroll or make changes.

Open Enrollment materials will be available online
October 10th at www.dbm.maryland.gov/benefits

**Retirees will receive an enrollment package
at their home address in late September!**

Department of Budget & Management
Employee Benefits Division
410-767-4775 or 1-800-307-8283

What's New in 2026?

*Healthcare FSA max increased
to \$3,300.*

*Dependent Care FSA max increased
to \$7,500.*

*Contractual Employees are now eligible
for FSAs.*

New Payroll Deduction Schedule.

*In the 2026 Guide to Health Benefits
see page 3 for "What's New
in 2026" details.*

*Visit mymdbenefits.com for
information on all
our plans.*



Chesapeake Bay Retriever

*Medicare-eligible retirees and Medicare-eligible dependents call Via Benefits
at 1-855-556-4419 to enroll or change Medicare Part D plans for 2026!*