## Don't delay...get your flu shot today! FLU SHOTS

- 01 MEDICAL COVERAGE: Make an appointment with your State of Maryland in-network doctor to receive a flu shot at no cost.
- **O2 PRESCRIPTION COVERAGE:** If you have the Prescription coverage, visit or make an appointment at your local CVS for a FREE flu shot. Bring your CVS

## Caremark Prescription Card.

O3 ON CAMPUS: UMBC employees approved to work on campus can <u>schedule online with UHS</u> starting October 9th; Flu Shots will be administered on Oct. 14 & 15. \*Insurance Card and Fee may be required.

Getting a flu vaccine is more important than ever during 2020-2021 to protect yourself, your family and your community from the flu. A flu vaccine this season can also help reduce the burden on our healthcare systems responding to the COVID-19 pandemic and save medical resources for care of COVID-19 patients. September and October are good times to get a flu vaccine, but it's never too late!

Please see the <u>Flu Prevention video</u> provided by the State of Mayland.



