# LEADERSHOPS

### SPRING 2024 SERIES

PEER FACILITATED, 1 HOUR-LONG WORKSHOPS THAT AIM TO CONTRIBUTE TO STUDENTS' LEADERSHIP DEVELOPMENT.

SERIES IS LED BY: LEADERSHIP PEER FACILITATORS

#### **Watch That Show!**

APRIL 1st, Commons 318 Facilitator: Zoonash Syed

Stressed? **Self-care is necessary** in preventing burn-out. Therefore, watching that show IS productive. Join us as we resist hustle-culture in roder to show up as our best selves!

#### **Who Do You Think You Are?**

APRIL 8th, Commons 318 Facilitator: Joshua Le

"Who am I?" It's time to be intentional and **self-reflect**! This workshop focuses on **social identity, values**, and how these topics come together to build **YOU** as a leader.

#### **Family Ties**

APRIL 15th, Commons 318
Facilitator: Shakira Scott-Harris

Ever wonder how your family influences your leadership style? From **communication** patterns to **problemsolving** approaches, we explore how your upbringing, family role and values shape your leadership approach.

Attendees will have the chance to make vision boards!

#### I am, I can, iLead

APRIL 22nd, Commons 318 Facilitator: Meghna Chandrasekaran

We talk about how we show up in places, but have you looked at how you show up **authentically** when working with groups to make **change**? This session explores just that through interactive games.

## New Angles to New Solutions

APRIL 29th, Commons 318 Facilitator: Rein Claro

How many times have you made a plan? And it resulted in unwanted outcomes? Using **design-thinking** tools, you will have a chance to think your way around the problem and look for a **new angle**.

#### **Leadership Essentials**

MAY 6th, Commons 318 Facilitator: Musa Jafri

Nuts and bolts of how to navigate team building and skills, such as **delegation** and **management**. This session is especially designed for Student Org officers.

MONDAYS @ FREE HOUR + FREE PIZZA SPACE IS LIMITED, RSVP ON MYUMBC