

# FUTURE PUBLIC HEALTH LEADERS PROGRAM

Application Period: Nov. 1, 2020-Jan. 31, 2021



## CDC UNDERGRADUATE PUBLIC HEALTH SCHOLARS PROGRAM (CUPS)

The CUPS program prepares a diverse body of students to consider public health as a career to ensure a future where the American public benefits from a more diverse and better trained public health workforce.

For more information on CDC student programs, visit:

<http://www.cdc.gov/minorityhealth/programs>

## RATIONALE & OBJECTIVES

The University of Michigan School of Public Health in cooperation with the Centers for Disease Control and Prevention (CDC) Office of Minority Health and Health Equity (OMHHE) offers a public health pipeline program for college students.

The University of Michigan Future Public Health Leaders Program (Michigan FPHLP) provides students with field placements, skill building workshops, and mentorship. FPHLP is designed to offer stimulating opportunities for awareness, learning, and growth in public health. The ultimate goal of the program is to increase the diversity of the public health workforce and the people committed to reducing health disparities.

## FPHLP LEARNING OBJECTIVES

- Promote and introduce public health careers to college students.
- Strengthen and broaden leadership for addressing health equity.
- Increase awareness of health disparities and its impact on the nation.
- Build practical experiences to enhance the students' professional credentials.
- Develop a baseline understanding of the political, social, and cultural context within which public health activities are conducted.

## FPHLP AT A GLANCE

Michigan FPHLP is a rigorous 10-week summer program housed at the University of Michigan School of Public Health

### MONDAYS & FRIDAYS

Public health workshops & seminars presented at the School of Public Health

### TUESDAYS-THURSDAYS

Field placement at either a community-based organization, governmental health organization, research center, or health system

### SATURDAYS

Community service related to public health

FOLLOW US  
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EMAIL: [michiganfphlp@umich.edu](mailto:michiganfphlp@umich.edu)

WEBSITE: [sph.umich.edu/fphlp](http://sph.umich.edu/fphlp)



# PROGRAM HIGHLIGHTS

Typically, Michigan FPHLP is offered in-person. While we will offer FPHLP 2021, we do not yet know if the program will occur in-person or virtually. Some of the offerings below may shift based on the format.

## HOUSING

Students will reside in University of Michigan residential housing. Housing is provided at no cost to the students.

## TRANSPORTATION

Round trip transportation to and from Ann Arbor, MI is provided.

## STIPEND

Students receive a stipend to cover additional living expenses during the program.

## BUILD YOUR NETWORK

FPHLP brings together students who are energized about exploring public health career possibilities. The program provides a foundation that builds a network of peers and professionals.

## ELIGIBILITY

- Minimum 2.7 GPA
- U.S. Citizen, Permanent Resident, or U.S. National
- Students who have completed at least two years of undergraduate study or have an associate degree from an accredited institution in the U.S. or any U.S. territory. Students with an associate degree must show proof of acceptance into a 4-year college upon request
- Recent graduates are those who have completed their undergraduate program within five months of the start of the program
- Underrepresented students in the field of public health, including individuals with disabilities, individuals from rural communities, are strongly encouraged to apply

## CURRICULUM

Students engage with Michigan Public Health faculty, community and government health leaders and FPHLP staff in workshops and seminars designed to complement participants' field placements.

## COMMUNITY-BASED RESEARCH

In groups, students conduct a community-based research project with guidance from Michigan Public Health faculty and community and government health leaders to address local community needs.

## FIELD PLACEMENT

Students are assigned to a field placement in a community-based/non-profit organization, governmental health organization, research center, or a health system in Michigan.

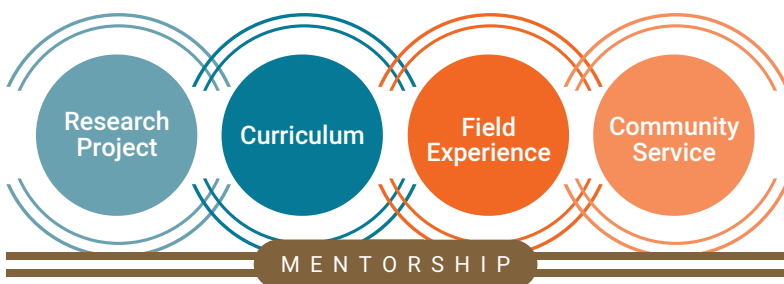
At their field placement site, students are assigned a preceptor who is responsible for guiding and mentoring the students' work and progress.

## SAMPLE SITES

- Henry Ford Health System - Detroit, MI
- Unified HIV Health and Beyond - Ypsilanti, MI
- Genesee County Health Department - Flint, MI
- Center for Sexuality and Health Disparities - Ann Arbor, MI

## MENTORS

Two mentors are assigned to a cluster of students to provide professional guidance and support as well as to help students form professional networks.



## CDC SHOWCASE EVENT

The 3-day Showcase event provides an overview of the CDC with extended networking opportunities. Participants will be able to engage with current public health leaders in the field and other CUPS scholars.

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### APPLYING TO FPHLP

Michigan FPHLP utilizes an online application for applicants to apply to FPHLP each year. The application opens in early November and the application portal becomes accessible to applicants through the Michigan FPHLP website. There are links on our homepage that direct students to the Application tab. You will need to create an account in order to begin your application. Use an email account you have constant access to such as your university email and input a password to begin.

**Double check that the email you enter is correct** as this is the main way we communicate with you as an applicant. Carefully read the *Instructions* at the beginning of the application before continuing.

### APPLICATION COMPONENTS

There are five main components required for the application:

- **Applicant Background Information**
  - Personal Information
  - Demographic Information
  - Education
  - Field Placement Interest
  - Public Health Background
  - Self-Assessment
- **Essays**
- **Letters of Recommendation**
- **Resume**
- **Transcript**

### ELIGIBILITY FAQ

*Can I participate in the program if I graduated? What is a recent graduate?*

MAYBE. If you graduated in December 2020 or May/June 2021, you are eligible to participate. If you graduated prior to December 2020, you are ineligible.

### PERSONAL & DEMOGRAPHIC INFORMATION

The first section in the application consists of filling out your *Personal Information*. This includes information such as your name, age, current address, etc. Please fill this out appropriately and ensure that your information is correct.

The following section is on *Demographic Information*. This includes information on sex/gender, citizenship, race/ethnicity, Pell Grant recipient, etc. Please fill this out appropriately and ensure that your information is correct.

### EDUCATION

The *Education* section of the application provides us with your educational background and research experiences. This includes being a first generation college student, current institution, class standing, etc. Please fill this out appropriately and ensure that your information is correct.

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### FIELD PLACEMENT INTEREST

In this section, rank your field placement preference from 1 (Most Interest) through 4 (Least Interest). Please do not rank multiple field placements with the same level of interest.

### PUBLIC HEALTH BACKGROUND & SELF-ASSESSMENT

Choose one group that best describes your public health background. Please be honest as there is no "right" or "wrong" answer to this question.

In the following *Self-Assessment* section, please rate your current level of understanding of the issues presented. Similar to the last section, please be honest so the Michigan FPHLP team can have a holistic understanding of you as an applicant. Once again, there is no "right" or "wrong" answer.

### ESSAYS

The *Essay* section consists of three short answer questions with the purpose of allowing the Michigan FPHLP team to better understand the candidate's interest in public health from their own personal background.

Each essay question has a character limit, including white spaces. Please ensure that your answers fit the character limit so your text is not cut off short. Also, make sure that your response **answers the question** asked of you and stays on topic.

### LETTERS OF RECOMMENDATION

Fill out all fields for your recommenders entirely and correctly (First Name, Last Name, Title, Institution, Email). Once you fill out the fields and press save, an automated email will be sent to your recommenders with a unique link. You do not have to fill in both recommenders information at the same time. **Follow up with your recommender to ensure that they have received the automated email in their inbox and/or spam.** Best practice is to submit your recommenders contact information **early**.

### LETTERS OF REC. FAQ

*My recommender has not received an email from Michigan FPHLP. How can they fill out their recommendation now?*

If the automated email does not appear in their inbox or spam please reach out to the Michigan FPHLP team as we have the ability to resend the automated email to your recommender.

### RESUME AND TRANSCRIPT

Please keep your resume to a page and a half at most, and make sure that your contact information is correct.

You must submit transcripts from all institutions you have attended (undergraduate, community college, etc.) Please submit all transcripts as one document. **Submit your resume and transcript in PDF format.**

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### APPLICATION CHECKLIST

As you fill out your application for Michigan FPHLP, please consider looking at this checklist to ensure that you have considered all aspects before submitting your application. This checklist is based on frequently asked questions the Michigan FPHLP team receives as well as common mistakes made during the application process.

### ESSAYS

- I have created deadlines for myself in order to write my first drafts and make revisions.
- I have answered the prompt essay asked of me, and I have stayed on topic.
- I have stayed within the character limit so that my essays do not get cut off.
- I have asked a trusted adviser, professor, or mentor to proofread my essays for grammatical errors and check that I have answered the prompt.

**Tip:** Type your essay responses into a Word Document and save it to avoid losing your hard work when submitting your application. Then copy and paste them into the application portal.

### RESUME

- I have visited my Career Center as a first step in formatting my resume.
- I have a font size no smaller than 11.5.
- I have highlighted my achievements within my resume.
- I have kept my resume concise, and it is no longer than a page and a half long.
- I have a consistent font size and theme throughout my resume.
- I have had a trusted advisor, professor, or mentor review my resume.
- I have uploaded my resume to the application portal in PDF format.

**Tip:** Make sure your contact information on your resume such as phone number and email address are correct in case we need to contact you.

### TRANSCRIPT

- I have gathered my unofficial transcript(s) from all institutions I have attended in PDF format.
- I have uploaded my transcript(s) to the application portal.

**Tip:** Please scan paper transcripts into PDF format if your school only offers paper transcripts.

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### LETTERS OF RECOMMENDATION

- I have chosen a diverse pair of recommenders who can attest to various parts of my abilities and character.
- I have reached out to my recommenders early so they have time to write a thoughtful letter of recommendation.
- I have scheduled an appointment to speak with my recommenders about my interest in applying to Michigan FPHLP.
- I have provided a copy of my resume and a brief personal statement to my recommender so they have a better idea of my academic background and achievements.
- After successfully entering in my recommenders' contact information into the application, I have ensured that my recommenders have received an automated email from Michigan FPHLP in their inbox or spam folder to proceed in writing the letter of recommendation.
- I have checked back in with my recommenders to confirm that they have submitted the letter of recommendation by the application deadline (January 31, 2021 at 11:59 EST).

**Tip:** Type in the correct email addresses of your recommenders so that they receive the automated email instructing them on how to proceed through the online process.

**The deadline for Michigan FPHLP 2021 is January 31, 2021 at 11:59pm EST.** Once you have submitted your application, please consistently check your inbox and spam folder during the review process since emails may get lost. All applicants will know their application status by the end of March.

Here are a few final tips from the Michigan FPHLP team:

- We encourage all applicants to begin their application early in order to give themselves sufficient time to thoughtfully and successfully complete their application by the deadline.
- You can whitelist the Michigan FPHLP email so that any message from us is sent directly to your inbox and exempted from your spam folder.
- When you email the Michigan FPHLP team with questions, make sure that you provide detailed information so that we understand the situation and can help you properly.
- Please understand that the Michigan FPHLP team may be helping various students as the application deadline nears and during the review process. Please be patient.

If you have any questions throughout the application process, reach out to the Michigan FPHLP team. We are happy to be of assistance!

**EMAIL: [michiganfphlp@umich.edu](mailto:michiganfphlp@umich.edu)**