



Community Connections: April 2021 Edition!

The [University Steering Committee](#) is pleased to sponsor a second series of virtual opportunities this spring to foster a sense of community and wellbeing in and amongst all students, faculty, and staff. We encourage you to join any of the meet-ups below to make new friends and form new connections!

Orianne Smith, Chair, and Mehrshad Devin, Vice Chair

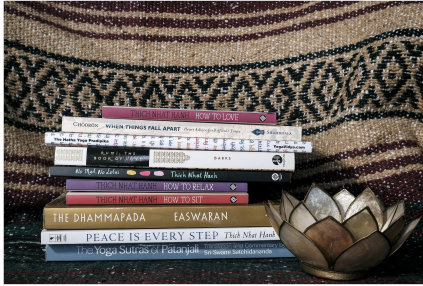
Quick Reference

<i>Thursday, April 1</i>	1-2 pm	Yoga: Practice and Philosophy (MacDougall)
<i>Monday, April 5</i>	2-3 pm	Food, Cooking, and Developments in the Culinary Industry (Abu)
<i>Wednesday, April 7</i>	12-1 pm	Trivia Matters (Oliva)
<i>Thursday, April 8</i>	12-1 pm	Flower Craft (Pierson)
<i>Friday, April 9</i>	12-1 pm	Hiking (Gobbert and Leupen)
<i>Friday, April 9</i>	1-2 pm	Gardening/Landscape Design (Gross)
<i>Tuesday, April 13</i>	5-6 pm	Genealogy (Mozie-Ross)
<i>Wednesday, April 14</i>	12-1 pm	Trivia Matters (Oliva)
<i>Wednesday, April 14</i>	12-1 pm	Cat Chat (Drabinski)
<i>Thursday, April 15</i>	1-2 pm	Bible Study (Stoute)

Keep Reading for Descriptions!

Yoga: Practice and Philosophy

Elaine MacDougall



Are you curious about yoga philosophy? Join us for our next session when we will take a look at the first limb of yoga, the yamas. What stories do you have that align with the ideas in this limb? What thoughts do you have about each yama? How do you interpret each of these yamas in the context of our current time period? World events? Feel free to bring poems, photos, or other

creative pieces you think align with this limb of yoga, as well! Here is a source to get you started:

<https://www.artofliving.org/us-en/blog/yoga-101-a-simple-guide-to-practice-and-philosophy-to-help-a-beginner> If you'd just like to listen in on the conversation, that is totally fine, too! Everyone is welcome.

Thursday, April 1, 1:00 - 2:00 p.m.

Register for or join *Yoga: Practice and Philosophy* [here](#).



Food, Cooking, and Developments in the Culinary Industry

Tola Abu

Cooking is something that we all benefit from in one way or another, and I am happy to join this program to talk to people about it. I am a Chemistry major and the founder and former president of Chew-MBC: The UMBC Cooking Club. I have also worked in multiple restaurants with the hope of starting my career in the culinary arts. This interest group will mainly focus on conversations about all things food. Ranging from restaurant insight, tips in the kitchen, favorite foods, trends, and more. You don't have to be a pro to talk about it. As long as you enjoy learning and eating, let's go!

Monday, April 5, 2:00 - 3:00 p.m.

Register for or join *Food, Cooking, and Developments in the Culinary Industry* [here](#).

Trivia Matters

Linda Oliva



Join us in a fun and engaging round of trivia. The format is easy to follow and questions cover a broad range of topics. Enjoy challenging yourself in a relaxed environment. Have all the elements of bar trivia except the bar. You can play alone, with in-house or virtual groups, or phone a friend. Virtual prizes will be available.

Wednesday, April 7, 12:00 - 1:00 p.m.

Register for or join *Trivia Matters/April 7* [here](#).



Flower Craft

Connie Pierson

Does seeing the P symbol get your creative juices flowing? Are you a Pinterest junkie, or just love crafting? If so, join Connie Pierson as she embarks on yet another Pinterest inspired craft...will it be a success or a fail? Tune in to find out. And then we can all talk about crafts we've tried or want to try for the spring. (P.S., if you want to try the craft, you'll need watercolor paper, wax paper or paper towels, fresh flowers, masking tape, a cutting board that can take a beating (so not that glass one), and a hammer.)

**Turn Fresh Blooms into Art with
DIY Pounded Flowers**

Thursday, April 8, 12:00 - 1:00 p.m.

Register for or join *Flower Craft* [here](#).

Hiking!

Matthias Gobbert and Sarah Leupen



Like to hike or just interested? Let's get together and share our favorite places, trails, and experiences-- maybe even photos. Those interested can make plans to hike together in the local area, as well.

Friday, April 9, noon - 1:00 p.m.

Register for or join *Hiking* [here](#).

Gardening/Landscape Design

Janet Gross



If you've ever put a potted plant on your windowsill, tried to grow tomatoes or anything else edible, wondered what to do with all those gosh-darn leaves in the fall or wished your landscape (no matter how small) was, well different/prettier/easier to care for, let's meet! I am happy to talk about and listen to others talk about all things green and growing as well as how we frame such in our living spaces. I'm a Maryland Master Gardener and Master Composter with certificates in native and woody plants and a passion for herbs, but mostly, I'm just curious. Let's chat.

Friday, April 9, 1- 2 p.m.

Register for or join *Gardening/Landscape Design* [here](#).

Genealogy!

Yvette Mozie-Ross (Family Tree - 2,500+)



Are you the family historian or would like to become the family historian? Have you made some great family history finds you're proud of? Are you interested in getting started with researching your family history and creating your first family tree? Have you run into a wall with your family research and need some new research strategies? Join us for an informal conversation about all things genealogy! Hear some family research stories and be prepared to be inspired to start your own family research journey or to take your research to the next level!

Tuesday, April 13, 5-6 p.m.

Register for or join *Genealogy* [here](#).



Trivia Matters

Linda Oliva

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Wednesday, April 14, 12:00 - 1:00 p.m.

Register for or join *Trivia Matters/April 14* [here](#).

Cat Chat

Kate Drabinski



Do you love cats? Do you love chatting about your cats and other people's cats? Join Dr. Kate, one of GWST's many cat ladies, to share cat stories, cat facts, and pictures of cats. Bring your cats!

Wednesday, April 14, noon - 1:00 p.m.

Register for or join *Cat Chat* [here](#).

Bible Study: Philippians

Dawn Stoute



Join me in a discussion of Philippians from [the Free On-Line Bible Study website](#). On April 15 we will discuss Chapter One, where the Apostle Paul tells of his longing to see the believers in Philippi and explains how his sufferings have resulted in glory for God Almighty. A PDF of the first chapter workbook is attached to the myUMBC event listing. The other chapters will be discussed in subsequent meetings.

Thursday, April 15, 1 - 2:00 p.m.

Register for or join *Bible Study: Philippians* [here](#).