

Program fee \$1,950 includes:

- Six nights in a three-star Swiss hotel
- Six breakfasts/five dinners
- Academic program in Switzerland
- Local Alpine guide and lift passes for hikes
- Medex insurance
- Travel fellowships will be available

Air (approx. \$1,000) and rail pass (approx. \$300) not included.

Extend your stay and see more of Europe

You may wish to visit other areas of Europe. Paris, Florence, Venice, Brussels, Frankfurt, Munich and many other locations are easily accessible by train from Switzerland. Students will have an opportunity during the spring semester to discuss possibilities for extended travel, find travel companions, and hear suggestions from other students who have traveled in Europe.

IMPORTANT DATES

December 3: Applications due. A \$500 deposit must accompany your application. The full deposit will only be refunded to any student not selected to participate.

December 17: Applicants will be notified of selection.

February 11: Second deposit installment due \$1,450.

June 24: Arrive Kandersteg, Switzerland by noon for academic program.

June 30: Depart Kandersteg and return to US or extend your stay in Europe.

Meet your faculty

Dr. Mary Stuart is Professor and Director of UMBC's Health Administration and Policy Program, Researcher for the Dept. of Veterans Affairs, and former Director of Policy for the Maryland Dept. of Health. She has an ScD from the Johns Hopkins Bloomberg School of Public Health.

Dr. Michael Weinrich is a physician and scientist in Bethesda. His career has spanned neuroscience, clinical rehabilitation, research, and biophysics. He received his AB and MD from Harvard University.

Dr. William Shewbridge is Director of the New Media Studio at UMBC, and received the Doctor of Communication Design from University of Baltimore.

Katie Birger is Coordinator of the UMBC International Field Research Program and has over 14 years experience teaching fitness, yoga, and stress reduction techniques.

Janet McGlynn has worked with UMBC students on undergraduate research opportunities for many years. She has an MAS in Management and experience leading and developing small businesses in both the for-profit and non-profit sectors.

UMBC INTERNATIONAL Field Research Scholars Program

For additional information see

www.umbc.edu/ifr

or contact:

Katie Birger: cbirge1@umbc.edu

For a printable application visit: www.umbc.edu/ifr

SWITZERLAND 2013



Six day Swiss experiential learning program

HAPP/SOCY 403/663

Intro to International Field Research

PHED 121

Conditioning for alpine hiking and stress reduction (optional)

ENROLL in spring semester seminar class

MEET Wednesdays at UMBC

3:30-4:15 pm **PHED 121** (optional)

4:30-7:00 pm **HAPP/SOCY 403/663**

MEET in Switzerland June 24-June 30

- Develop research skills in an international context
- Select your own research topic
- Earn 3 academic & 1.5 PE credits (PE optional)
- Prepare for sophisticated demands of a global society
- Meets culture requirement for GEP & GFR
- Learn stress reduction & conditioning skills

For undergraduate and graduate students considering careers in health, aging, public policy, information systems, education, computer science, media, business, science, engineering or research

Applications Due December 3rd



Switzerland, a country of stunning mountain vistas, truly lies at the crossroads of Europe. It is among the top-rated countries in the world with regard to health care, environmental policy, public transportation, infrastructure, live-able cities and healthy lifestyles. This experiential learning program applies an ecological framework to better understand how culture, policy, and practice interact to achieve a sustainable and healthy society.

UMBC's Swiss field research program is based in Kandersteg, nestled in the Swiss Alps, and rated "One of the top 1000 places to see" in the world! From this base, students travel to nearby cities and hike to complete their field work. Highlights can include day trips to Geneva, Zurich, and Berne as well as hikes to glaciers and historic alpine settings. All participants have the opportunity to hike, walk in the alps, ride a lake steamer and meet the Swiss.

During spring semester students study research methods, complete background research, and write a research paper as part of an interactive weekly seminar class. They are assigned to a research team based on their research topic and select related field research exercises to complete in Switzerland. Field research methods include: site visits, expert interviews, participant observation, local informants, literature review, case studies, visual methods, administrative data and historical sources.

Research themes

A lifespan approach to health and aging: An international perspective

How do public policy, clinical practice, and personal choices interact to help individuals of all ages maintain healthy life styles? How can we be more sensitive to the complexity, inter-activity, and cultural diversity of communities, both urban and rural. This team uses an international perspective to investigate the many factors that can influence public health.

Science and medicine: Technological revolutions and societal change

Switzerland has a solid history of scientific innovation and infrastructure development, including the Large Hadron Collider, some of the longest tunnels in the world, pharmaceutical and technological research, and famous historical figures such as Einstein, Paracelsus, and Carl Jung. This team studies the context and consequences of major changes in science and technology.

Environmental sustainability and climate change

Switzerland is one of the top rated countries for environmental policy. Climate change has far reaching implications for the environment, including accelerating glacial melt, water supply, disaster preparation, infrastructure investment and the economy, making Switzerland a microcosm for studying the environment, entrepreneurship and policies for sustainability.

Arts and the Humanities

The arts and humanities challenge us to understand what it means to be human. Participants in this team have many wonderful possibilities for field research. Whether you observe Roman Ruins, explore the historical role of women and children, investigate the origins of the Red Cross and the development of humanitarian aid, retrace the footsteps of famous authors, study the relationship between alpine exploration and entrepreneurship, visit famous cathedrals or castles, drop in on the Montreux Jazz festival, research community art or use your Swiss Pass for free access to numerous museums, the opportunities for field research in Arts and Humanities are rich and diverse.