

News with Pride- Halloween Edition



Hello Retrievers!

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Hey, y'all, happy spooky season and LGBTQ History Month! Look below to see upcoming events and facts about this month. Our hours have also recently changed so look below to see what they are.

Happy reading :)

The Pride Center's New Hours



Mondays: 11:00a-9:30p

Tuesdays: 11:00a-9:30p

Wednesday: 11:00a-9:30p

Thursday: 11:00a-9:30p

Friday: 8:30a-5:00p

If you still need a place to study/chill after hours,
The Commons closes at 11p and the RLC is open

24/7

Happy LGBTQ History Month

LGBTQ+ History Month originated in the United States, and was first celebrated in 1994. This month-long observance of lesbian, gay, bisexual, transgender, and queer history celebrates role models, and the history of the LGBTQ+ rights and related civil rights movements. In the United States, it is celebrated in October to coincide with National Coming Out Day on October 11.



It was founded by Missouri high-school history teacher Rodney Wilson. Many gay and lesbian organizations supported the concept early on as did Governors William Weld of Massachusetts and Lowell Weicker of Connecticut, who recognized the inaugural month with official proclamations. In 1995, the National Education Association indicated support of LGBTQ+ History Month as well as other history months by resolution at its General Assembly.

So why do we have Pride Month in June and LGBTQ+ History Month in October?

Wilson chose October as the month for the celebration due to National Coming Out Day. It was established as a widely known event, on October 11, the date of the Second National March on Washington for Lesbian and Gay Rights that took place in 1987. June is recognized as Pride Month to commemorate the Stonewall Riots taking place on June 28-July 1.

Mindfulness Mondays

Oct 10,17,24,31

Mindfulness is the practice of purposefully bringing one's attention into the present moment without judgment. Join our staff to pause and connect with yourself, others, and the space around you. Each week, you will have various opportunities to practice mindfulness, including yoga, meditation, and exploring various religious/spiritual approaches to this topic. This is a collaborative series between i3b, UMBC Recreation, and the Office of Health Promotions.

I Am/We Are October 10; 4-6

The Center for Well-Being 103

"I am / We Are" Dialogue Series was created around the Racial and Cultural Identity Development model of Introspection and Integrative Awareness. "I Am / We Are" is in reference to self-identification when being asked questions relating to identity and creating a self and community-based appreciation around identity and culture. "I am / We Are" centers dialogue around having multiple intersecting identities, how both seen and unseen identities are shaped by social and community climates, and creating an understanding of how identity is a "both/and" and not "either/or". These dialogues will be focused on the experiences of Bi-racial/Multiracial, Multiethnic, and Multicultural individuals and how to understand all aspects of identity relating to racial and cultural awareness and development



Community Conversations

October 12; 12-1p

UC 201D

A community can be a vital tool to help all of us get through life's ups and downs and celebrate our big and small moments. Community Conversations is an interactive event that will help students understand the role of community in supporting their well-being and mental health. This conversation will also highlight what it means to "show up" for others

Collaboration with the Office of Health Promotions

Music & The Mosaic

October 31; 1-2:30p

Commons 2B23

Donuts & Discussion and Music & The Mosaic are two pop-up series where in an informal, casual atmosphere, we discuss trending multicultural events, population-based topics, and current music trends globally while also enjoying beverages and donuts! This is a time to talk about anything that comes to mind, ranging from a video you saw to recent topics in pop culture and even how current music trends impact social climates.



Community Highlight The DC Center



The DC Center for the LGBT Community educates, empowers, celebrates, and connects the lesbian, gay, bisexual, and transgender communities. To fulfill our mission, we focus on four core areas: health and wellness, arts & culture, social & peer support, and advocacy and community building.

Our Vision

We envision communities where LGBT people feel healthy, safe, and affirmed.

2000 14th Street NW, Suite 105, Washington, DC 20009

That's all Folks!