

# The Magic of Conflict

Workshop for Faculty and Staff

## CONFLICTS! Are they draining your vitality?

The ability to respectfully deal with conflict with a sense of personal power and well-being is critical to our success, and to the success of our teams and the university.

### *What past participants have said about this program...*

*"The most effective self-improvement workshop I've ever attended."*

*"This workshop will provide you with personal insights, as well as tools for use in relationships both in and out of the work place."*

*"I often relate to others that your Magic of Conflict workshop was one of the most significant events in my life over the last few years."*

*"I was so impressed with the workshop that I sent my entire office to be trained."*

*"Attend...attend...attend. The experience and feedback alone were very beneficial to me."*

**February 11, 18 and 25 and March 4<sup>th</sup>\***  
**(March 11<sup>th</sup> snow date)**

**9:00 am – 12:30pm**

\*Session 4 begins at 8:30 am



This workshop helps participants see conflict as an opportunity and provides skills to resolve it creatively. The objective is to create stronger, more cohesive, and more effective teams that are able to attain organizational goals with greater efficiency, less stress, and more enjoyment. Attendees experience how changes in self-management have a magical effect on stress level and relationships!

The approach draws from principles of the non-violent martial art of Aikido, "rendering the attack harmless without doing harm to the attacker." It is based on the book "The Magic of Conflict" by Thomas F. Crum. This experiential workshop utilizes an interesting variety of training techniques to enhance respect for self and for others.

Participants in this workshop learn to:

- › Be calm and act effectively under pressure.
- › Deal with change and complexity with power rather than paralysis.
- › Minimize stress and increase vitality in the workplace.
- › Acquire real skills to resolve conflict effectively and save time, money and frustration.

This workshop is conducted in 4 half-day sessions, over a period of 3 weeks. Participants will receive 2 books and a course workbook. There are reading and practice assignments between sessions.

### **About the facilitator...**

Terri Werner is UMBC's Director of Training and Organization Development and has 24 years of experience consulting to individuals and groups. She holds a master's degree in Organization Development and a Fellowship in Change Management from Johns Hopkins University.

Terri creates an environment that invites people to see things from a new perspective, and to try approaches that can generate powerful results. She believes that personal transformation is the key to resolving conflict, developing leaders, building teams, and implementing change. Terri gives people useful tools, hope, and motivation to cope with our stressful times.

**Class size is limited to 20 to maximize the participatory nature of the program, so register now!**

**We request a commitment to attend all 4 sessions.**

**Register by January 10<sup>th</sup> by contacting Kathryn Nemirovsky phone 5-3285 or email [knemirov@umbc.edu](mailto:knemirov@umbc.edu)**