## It's Time to Complete Your Health Risk Assessment!



## **TUESDAY MAY 12TH** WANT TO AVOID PAYING **\$50 MORE NEXT YEAR FOR YOUR HEALTH INSURANCE? JOIN US...**

**University Center Ballroom Lounge** 11:00 AM - 1:00 PM

**Are you a Faculty/Staff member with health benefits?** Do you know what a Health Risk Assessment (HRA) is and how it will impact what you pay for health insurance coverage next year?

The State of Maryland implemented a new Health Wellness Program that is directly linked to what you pay for health benefits. To avoid higher premiums in 2016, we hope you can join us on Tuesday, May 12th anytime between 11:00 am and 1:00 pm to find what steps you can take! Representatives from your health plans will be on-site. **Don't miss this** 

event!





KAISER PERMANENTE

**No Registration Required** 

Learn more about **Free Copays** 

**Blood Pressure Screenings** 

**Health Risk Assessment Due by** September 30th

**Get Wellness Information &** learn about what's offered at UMBC



**Hosted By: UMBC** Human Resources hr.umbc.edu