



THURS. MAY 5TH STATE OF MD HEALTH & WELLNESS FAIR OPEN TO FACULTY & STAFF

UC 312 FROM 11:00 AM – 2:00 PM

The State of Maryland health vendors will be on campus to share information about **FREE** new wellness programs offered through your health plan to include: Innergy through CareFirst, Real Appeal through UnitedHealthcare, wellness coaching, new mobile apps and videos. **Plus, get a free massage!**



KAISER PERMANENTE®

 **UnitedHealthcare**

CareFirst.  

**MEET YOUR
HEALTH PLAN
REPRESENTATIVES!**

**GIVEAWAYS &
PRIZES**

**BLOOD PRESSURE &
GLUCOSE
SCREENINGS**

**LEARN ABOUT
CAMPUS WELLNESS
PROGRAMS**

**NEW APPS &
ONLINE RESOURCES**

**UMBC HUMAN
RESOURCES**

1000 Hilltop Circle
Administration Building
5th Floor
Baltimore, MD 21250

HR.UMBC.EDU