

The Great Juggling Act: Being a Parent AND a Person

Webinar • April 12, 2022 • Noon ET/9:00am PT

Finding a balance between raising and being a human isn't easy. After the last two years, parents feel pulled in more directions than ever; guilty that when they spend time on one thing, they're neglecting another. Our guest, Julie Morgenstern, author of *Time to Parent*, will share a unique framework for managing the conflicting priorities of the parenting years. Parents with kids at every age and stage in their lives will get practical tips and liberating insights, including how much time and attention kids need, clever ways to keep your marriage and social life alive, streamlining and sharing household logistics, and so much more. You'll learn how to gain more time, lose the guilt, and be more deeply present in all you do.

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About Our Guest

Julie Morgenstern is one of the leading experts on organization, business productivity and time management. The author of six best-selling books, a consultant to large corporations and a sought-after speaker, she has appeared on Oprah, The Today Show, and NPR's Fresh Air and helped thousands of people transform their homes, businesses, and attitudes about every kind of clutter. The New York City-based Julie Morgenstern Enterprises has been successfully in business for over 30 years.

