

Yoga

at the Women's Center

Come de-stress the natural way. Free Yoga is offered at the Women's Center by the Yoga Club on a first come, first serve basis.

When: Mondays, 12:00 - 12:45pm

Tuesdays, 6:00 - 6:45pm

Where: Women's Center Lounge

Yoga will not take place during our film series. Please refer to our calendar for dates. All are welcome!

