## Graduate Student Support Group

Meets Virtually on Thursdays from 3 - 4:15 p.m.

Beginning February 20

Improve your Graduate School experience!

- Find connections
- Navigate current struggles
- Find critical resources
- Understand the graduate culture
- Get advice from peers
- Improve self-care skills

Find Your Balance





All RIH services are LGBTQIA2S+ friendly and are welcoming to all diverse populations. Interested? Call Retriever
Integrated Heath at (410)
455-2542 to schedule a
group screening
interview to get more
information.