

Healing from Family Challenges Counseling Group

Wednesdays 3 - 4:30 p.m.
Starting February 26

**Are you struggling with
challenging family
dynamics?**

**Do you worry that your
current interactions are
adversely impacted by
past experiences?**

**If so, this group might be
right for you.**



Learn more on
myUMBC!



RETRIEVER
INTEGRATED
HEALTH

All RIH services are LGBTQIA2S+ friendly
and are welcoming to all diverse populations.

To learn more and join call (410)-455-2542 or
visit your retriever care portal to schedule
your initial consultation appointment.