

State Health Insurance Assistance Program

Making the Most of Medicare in Maryland



Information

Unbiased, confidential, trusted information.



Counseling

Trained counselors are located in all 23 counties and Baltimore City.



Assistance

Walking you through Medicare.



Counselors Can Discuss:

- Medicare Part A: Hospital Insurance
- Medicare Part B: Medical Insurance
- Medicare Part C: Advantage Plans
- Medicare Part D: Prescription Drug Plans
- Financial Assistance for Low-Income Beneficiaries
- Billing Issues, Appeals, Denials, and Grievances
- Medicare Fraud and Abuse
- Volunteer Opportunities
- Community Presentation Requests

Get Answers to Questions About:

- Coverage Changes
- Preventive Services
- Out of Pocket Expenses
- Eligibility Criteria
- Coverage Gaps
- Who Pays First
- Financial Help with Copays
- Medicare Fraud
- Your Rights

SHIP is funded by the Administration for Community Living, the State of Maryland, and local governments.



Find a Counselor Near You

ALLEGANY COUNTY
301-783-1710

CECIL COUNTY
410-996-8174

KENT COUNTY
410-778-2564

ANNE ARUNDEL COUNTY
410-222-4257

CHARLES COUNTY
301-934-9305

MONTGOMERY COUNTY
301-255-4250

BALTIMORE CITY
410-396-2273

DORCHESTER COUNTY
410-376-3662

PRINCE GEORGE'S COUNTY
301-265-8471

BALTIMORE COUNTY
410-887-2059

FREDERICK COUNTY
301-600-1605

QUEEN ANNE'S COUNTY
410-758-0848
Option 3

CALVERT COUNTY
410-535-4606

GARRETT COUNTY
301-334-9431

ST. MARY'S COUNTY
301-475-4200

CAROLINE COUNTY
410-479-2535

HARFORD COUNTY
410-638-3025

TALBOT COUNTY
410-822-2869
Ext. 231

CARROLL COUNTY
410-386-3800

HOWARD COUNTY
410-313-7392

WASHINGTON COUNTY
301-790-0275

**SOMERSET,
WICOMICO AND
WORCESTER COUNTIES**
410-742-0505

**TO FIND A COUNSELOR NEAR
YOU CONTACT:
MARYLAND DEPARTMENT
OF AGING
1-800-243-3425 | 410-767-1100
www.aging.maryland.gov**

**Help is also available 24 hours a
day, including weekends.
1-800-MEDICARE | 1-800-633-4227**

