



20 Senior Centers to Serve You!

Arbutus FC ET	855A Sulphur Spring Road Arbutus, MD 21227 410-887-1410 arbutussc@baltimorecountymd.gov	M-F 8:30 am-3:30pm	Lansdowne/ Baltimore Highlands ET	424 Third Avenue Baltimore, MD 21227 410-887-1443 lansdownesc@baltimorecountymd.gov	M-F 11am-3pm
Ateaze CC FC ET	7401 Holabird Avenue Baltimore, MD 21222 410-887-7233 ateazesc@baltimorecountymd.gov	M-F 8:30am-4pm	Liberty CC FC ET	3525 Resource Drive Randallstown, MD 21133 410-887-0780 libertysc@baltimorecountymd.gov	M-F 8:30am-4pm
Bykota CC FC ET	611 Central Avenue Baltimore, MD 21204 410-887-3094 bykotasc@baltimorecountymd.gov	M-F 8:30am-4pm	Overlea- Fullerton ET	4314 Fullerton Avenue Baltimore, MD 21236 410-887-5220 overleasc@baltimorecountymd.gov	M-F 8:30am-3:30pm
Catonsville CC FC ET	501 N. Rolling Road Baltimore, MD 21228 410-887-0900 catonsvillesc@baltimorecountymd.gov	M-F 8:30am-4pm	Parkville CC FC ET	8601 Harford Road Baltimore, MD 21234 410-887-5338 parkvillesc@baltimorecountymd.gov	M-F 8:30am-4pm
Cockeysville CC FC ET	10535 York Road Cockeysville, MD 21030 410-887-7694 cockeysvillesc@baltimorecountymd.gov	M-F 8:30am-4pm	Pikesville CC FC ET	1301 Reisterstown Road Baltimore, MD 21208 410-887-1245 pikesvillesc@baltimorecountymd.gov	M-F 8:30am-4pm
Edgemere FC ET	6600 North Point Road Baltimore, MD 21219 410-887-7530 edgemeresc@baltimorecountymd.gov	M-F 8:30am-3:30pm	Reisterstown FC ET	12035 Reisterstown Road Reisterstown, MD 21136 410-887-1143 reisterstownsc@baltimorecountymd.gov	M-F 9am-4pm
Essex CC FC ET	600 Dorsey Avenue Baltimore, MD 21221 410-887-0267 essexsc@baltimorecountymd.gov	M-F 8:30am-4pm	Rosedale ET	1208 Neighbors Avenue Baltimore, MD 21237 410-887-0233 rosedalesc@baltimorecountymd.gov	M-F 8:30am-3:30pm
Fleming ET	641 Main Street Baltimore, MD 21222 410-887-7225 flemingsc@baltimorecountymd.gov	M-F 12noon-4pm	Seven Oaks FC ET	9210 Seven Courts Drive Baltimore, MD 21236 410-887-5192 sevenoakssc@baltimorecountymd.gov	M-F 8:30am-4pm
Hereford ET	510 Monkton Road, 2nd Floor Hereford, MD 21111 410-887-1923 herefordsc@baltimorecountymd.gov	Tu 9am-3pm	Victory Villa ET	403 Compass Road Baltimore, MD 21220 410-887-0235 victoryvillasc@baltimorecountymd.gov	M-F 8:30am-3:30pm
Jacksonville FC ET	3605A Sweet Air Road Phoenix, MD 21131 410-887-8208 jacksonvillesc@baltimorecountymd.gov	M-F 8:30am-3:30pm	Woodlawn ET	2120 Gwynn Oak Avenue Baltimore, MD 21207 410-887-6887 woodlawnscc@baltimorecountymd.gov	M-F 8:30am-3:30pm

CC = Center Connection—a program for individuals needing some additional assistance in the center.

FC = Fitness Center available for an additional fee.

ET = Eating Together meal served at lunch time. Reservations required.

Baltimore County Department of Aging strengthens lives by providing services, programs and connections to resources.



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LOCAL HELP FOR PEOPLE WITH MEDICARE
Baltimore County Department of Aging

S.H.I.P. Talks: Medicare Basics

Sign up for a **FREE** presentation on the "ins and outs" of Medicare at Baltimore County Senior Centers. S.H.I.P. will be conducting a presentation discussing: when and how to enroll in Medicare, what does Medicare cover, how Medicare works, retiree health benefits, and more. Sign up today!



LOCATION	DATE	TIME
Parkville	Monday, May 21, 2018	11 a.m. - 12:30 p.m.
Cockeysville	Wednesday, June 6, 2018	10 - 11:30 a.m.
Jacksonville	Thursday, June 7, 2018	10 - 11:30 a.m.
Pikesville	Wednesday, June 20, 2018	1 - 2:30 p.m.
Catonsville	Friday, June 29, 2018	12:45 - 2:15 p.m.
Lansdowne	Monday, August 20, 2018	12:30 - 2 p.m.
Reisterstown	Tuesday, August 21, 2018	10 - 11:30 a.m.

For additional information call 410-887-2040 to schedule an appointment contact the senior center directly.



County Executive Kevin Kamenetz
and the County Council

S.H.I.P. Talks: Changes in Medicare



LOCAL HELP FOR PEOPLE WITH MEDICARE
Baltimore County Department of Aging



Sign up for a FREE presentation on the changes in Medicare's premiums and deductibles. This presentation is beneficial for newcomers or those who have been on Medicare for several years. Sign up at your local Baltimore County Senior Center!

LOCATION	DATE	TIME
Reisterstown	Tuesday, May 1, 2018	10:30 a.m.
Essex	Friday, May 4, 2018	12:45 a.m.
Liberty	Thursday, May 10, 2018	11 a.m.
Fleming	Tuesday, May 22, 2018	1 p.m.
Pikesville	Tuesday, May 29, 2018	1 p.m.
Lansdowne	Friday, June 8, 2018	11 a.m.
Parkville	Monday, June 11, 2018	11 a.m.
Cockeysville	Thursday, June 28, 2018	10 a.m.
Bykota	Monday, August 6, 2018	12:45 p.m.
Jacksonville	Tuesday, August 7, 2018	10 a.m.
Seven Oaks	Wednesday, August 8, 2018	1:15 p.m.
Catonsville	Friday, September 14, 2018	12:45 p.m.
Rosedale	Wednesday, September 19, 2018	10:30 a.m.



For additional information call 410-887-2040 to schedule an appointment contact the senior center directly.



MEDICARE MATTERS

Medicare Part D Open Enrollment almost here!

Medicare Part D prescription coverage is a unique form of insurance, because the Part D Drug Plans are permitted to change their drug formularies (list of covered drugs), premiums, drug costs and tier levels on an annual basis. This can be quite confusing for Medicare beneficiaries, because we tend to assume that if a Part D Plan worked well this year, it will be fine for next year. Unfortunately, we cannot make this assumption about Medicare Part D plans.

During the annual Fall Medicare Part D Open Enrollment from October 15 through December 7, each Medicare beneficiary on a Part D

Plan has the opportunity to change to a new Part D Plan with an effective date of January 1, 2019. For the majority of Part D enrollees this is the only time during the entire year during which they are permitted to change plans. You may consider switching to a new plan, if it covers all of your prescription drugs and is more economical.

The method utilized to compare the Part D plans is the online Medicare Plan Finder. The Baltimore County Department of Aging's SHIP team (State Health Insurance Assistance Program), is gearing up to again provide one-on-one assistance

at various senior centers during this Open Enrollment period. On this page, you will find the schedule for the Fall of 2018. Please call 410-887-2059 to schedule an appointment at a location near you. Appointments may be made as early as September for October 15 to December 6. Be sure to bring your insurance cards and a current list of your drugs to the appointment.

In addition to assisting Medicare beneficiaries and families to select a Part D Plan for 2019, the team will seek to determine if you are eligible for any of the financial assistance programs to help with the cost of your prescriptions.

Please do not overlook this opportunity to ensure that you are in the best Part D Plan for 2019.

2018 Open Enrollment Outreach Dates

Monday, October 15	Cockeysville Senior Center
Tuesday, October 16	Bykota Senior Center
Wednesday, October 17	Parkville Senior Center
Thursday, October 18	Essex Senior Center
Monday, October 22	Arbutus Senior Center
Tuesday, October 23	Catonsville Senior Center
Wednesday, October 24	Liberty Senior Center
Thursday, October 25	Ateaze Senior Center
Monday, October 29	Cockeysville Senior Center
Tuesday, October 30	Parkville Senior Center
Wednesday, October 31	Pikesville Senior Center
Thursday, November 1	Pikesville Senior Center
Monday, November 5	Cockeysville Senior Center
Wednesday, November 7	Ateaze Senior Center
Thursday, November 8	Essex Senior Center
Friday, November 9	Seven Oaks Senior Center
Tuesday, November 13	Bykota Senior Center
Wednesday, November 14	Pikesville Senior Center
Thursday, November 15	Cockeysville Senior Center
Friday, November 16	Reisterstown Senior Center
Monday, November 19	Parkville Senior Center
Tuesday, November 20	Seven Oaks Senior Center
Wednesday, November 21	Ateaze Senior Center
Monday, November 26	Pikesville Senior Center
Tuesday, November 27	Jacksonville Senior Center
Wednesday, November 28	Parkville Senior Center
Thursday, November 29	Essex Senior Center
Monday, December 3	Parkville Senior Center
Tuesday, December 4	Bykota Senior Center
Wednesday, December 5	Liberty Senior Center
Thursday, December 6	Catonsville Senior Center

State Health Insurance Assistance Program

Making the Most of Medicare in Maryland



Information



Unbiased, confidential, trusted information

Counseling



Trained counselors are located in all 23 counties and Baltimore City

Assistance



Walking you through Medicare

Counselors Can Discuss:

- Medicare Part A: Hospital Insurance
- Medicare Part B: Medical Insurance
- Medicare Part C: Advantage Plans
- Medicare Part D: Prescription Drug Plans
- Financial Assistance for Low-Income Beneficiaries
- Billing Issues, Appeals, Denials, and Grievances
- Medicare Fraud and Abuse
- Volunteer Opportunities
- Community Presentation Requests

Get Answers to Questions About:

- Coverage Changes
- Preventive Services
- Out of Pocket Expenses
- Eligibility Criteria
- Coverage Gaps
- Who Pays First
- Financial Help with Copays
- Medicare Fraud
- Your Rights



Find a Counselor Near You

ALLEGANY COUNTY
301-283-1718

CESIL COUNTY
410-896-8174

ESSEX COUNTY
410-778-2544

ANNE ARUNDEL COUNTY
410-223-4257

CHARLES COUNTY
301-634-8985

MONTGOMERY COUNTY
301-253-4268

BALTIMORE CITY
410-396-2275

DOVERHESTER COUNTY
410-376-5662

PRINCE GEORGE'S COUNTY
301-269-8471

BALTIMORE COUNTY
410-887-2859

FREDERICK COUNTY
301-698-1662

QUEEN ANNE'S COUNTY
410-758-8848
Option 3

CALVERT COUNTY
410-323-8606

GARRETT COUNTY
301-234-9421

ST. MARY'S COUNTY
301-475-4200

CAROLINE COUNTY
410-479-2335

HARFORD COUNTY
410-438-3925

TALBOT COUNTY
410-823-2888
Ext. 281

CARROLL COUNTY
410-388-3800

HOWARD COUNTY
410-319-7282

WASHINGTON COUNTY
301-790-8275

DOWNERS,
WICOMICO AND
WINDCHESTER COUNTIES
410-742-8585

TO FIND A COUNSELOR NEAR
YOU CONTACT:
MARYLAND DEPARTMENT
OF AGING
1-800-343-3423 | 410-767-1100
www.aging.maryland.gov

Help is also available 24 hours a
day, including weekends.
1-800-MEDICARE | 1-800-633-4227

