

UMBC RELATIONSHIP VIOLENCE AWARENESS MONTH

Creating Healthy Intimacy

CONTEST:

Healthy Relationship Video Contest

Oct 1-Oct 9

Submit an Instagram of yourself answering the question "What does a healthy relationship look like to you?" and use **#UMBCaware** to post it on your FB/Twitter/Instagram.

Prizes for the best videos will be awarded by @UMBCuhs and @womenscenterumbc.

EVENTS:

UMBC Green Dot & Men's Soccer Game vs. Delaware

Oct. 1 (7pm) @ Retriever Soccer Park

Join UMBC Green Dot, The Women's Center, and UHS to learn more about bystander intervention and to kick off Relationship Violence Awareness Month.

UMBC Retriever Wellness Expo

Oct. 2 (11am-2pm) @ Commons Main Street

Attend this lively event with lots of great health info, resources, and FREE services: blood pressure screening, body fat screening, mood test, and more.

This is also the official kick off for Relationship Violence Awareness Month.

Flat Tuesday's Pub Chat: Healthy Intimacy & Sexuality

Oct. 10 (7-9pm) @ Flat Tuesday's Pub, Lower Level

Join our campus health educator, Mickey Arora, as she hosts an open and honest discussion about sex, sexuality, and healthy intimacy. Anonymous Q&A format. Open to all ages on lower level. **Free food available!**

Love Your Body Day 2013

Oct. 17 (11am-1pm) @ Commons Main Street

Join Women Involved in Learning & Leadership (WILL) for Love Your Body Day 2013, and get campus resources on how **Loving Yourself = Respecting Yourself** in your relationships.

SEB Open Mic Night: Healthy Relationships

Oct. 22 (8-10pm) @ Commons Sports Zone

Let's put healthy relationships in the spotlight. Share your poems, stories, music, and more in the name love!

THE CLOTHESLINE PROJECT:

T-Shirt-Making Dates @ The Women's Center

Oct 9 (9am-12pm)

Oct 17 (1-6pm)

Oct 21 (11am-4pm)

Oct 22 (11am-4pm)

Oct 24 (day of CLP) (shirts can still be made but will be hung for display in April)

Stay turned for dates/times to make T-shirts in the Residence Life areas)

The Clothesline Project Display

Oct. 24 (10am-4pm) @ Commons Main Street

View shirts made in honor of those affected by relationship or sexual violence.

Clothesline Project Reflection & Discussion

Oct. 24 (4-5pm) @ The Women's Center

Share thoughts, stories, and reactions to the Clothesline Project display and honor those lost to intimate partner violence with a reading of victims' names.

PROGRAMS:

What's Your Green Dot?: Program Overview

Oct. 14 (12-1pm) @ Women's Center

Want to learn more about Green Dot and how you can get involved? Join Jen Treger to get all the important information and start making a difference.

Men's Health Program: Sexual Violence Prevention and Consent

Oct. 30 (12-1pm) @ Commons

Calling all male leaders on campus – Greeks, athletes, and more! Attend this 1-hour program on consent and sexual violence to learn how you can be a positive role model for violence prevention.

Email ctaylor7@umbc.edu to register.

Love Is Respect: A Program by the Peer Health Educators

Request the Peer Health Educators (PHE) to present a FREE program on relationship violence and healthy intimacy to your classroom, student organization, residential hall, or group of friends!

Email parora@umbc.edu with the date/time/location of your request. The PHE's are undergrad students trained to facilitate presentations on numerous health topics.



Women's Center

at UMBC

