

What is VITAL?

The Veterans Integration to Academic Leadership (VITAL) program is a partnership between the Department of Veterans Affairs and local universities and colleges. The VITAL program is comprised of VA mental health professionals, who can assist both Student Veterans and their universities/colleges by providing or assisting with various services, resources, and support. The mission is to help Veterans achieve their academic goals.

To learn more, please visit the VITAL webpage on the VA Campus Toolkit at: www.mentalhealth.va.gov/studentveteran.



Student **Veterans...**
Yesterday's **Warriors**
Today's **Scholars**
Tomorrow's **Leaders**



VA | Defining
HEALTH CARE | **EXCELLENCE**
in the 21st Century



As a Veteran...

...for School...

...at School

VITAL staff can assist with:

Enrollment in VA Healthcare

VA and non-VA resources

Academic accommodations

Advocacy for Student Veterans

VITAL – Faculty/School Services

Many Student Veterans are entering college for the first time or are returning after many years. We strive to form strong partnerships with our local universities and schools, in order to increase Student Veterans' retention and help them meet their educational goals. Within this collaboration, we bring our expertise to provide training and consultation services.

Training

Military culture, mental health concerns, post-deployment adjustment, academic concerns, Student Veteran considerations in the classroom

Consultation Services

Collaborate and consult with faculty and staff on Student Veteran services and benefits in order to improve academic performance and success

Clinical Services

VITAL staff can assist with:

Attention issues

Difficulty concentrating

Stress

Sleep problems

Memory issues

Anger/irritability

Anxiety

Depression

Relationship issues

PTSD

