What happens in our relationships affects all aspects of our lives, including health, school, and other activities.

UMBC RELATIONSHIP SKILLS WORKSHOP

LEARN IMPORTANT SKILLS TO USE IN YOUR RELATIONSHIPS:

- EFFECTIVE COMMUNICATION
- EXPECTATIONS & ASSERTIVENESS
- NEGOTIATION & COMPROMISE

INFORMATION SESSION:
Wednesday, February 18th @ 12pm—Commons Rm. 331

PROGRAM INFORMATION:
8-week Program
Meetings on Mondays, 4:30-6pm
Begins March 2, 2015

SPACE IS LIMITED!

QUESTIONS?
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