

Dear Colleagues,

I am writing to you on behalf of the Faculty Caregiving Advisory Committee. We hope that you and your loved ones are staying safe and healthy in these exceptional times. While we are all eager to return to a vibrant campus community, we are also aware that the pandemic continues to impact the personal and professional lives of our faculty, staff and students. Below is a list of several resources that you may continue to find helpful during the spring semester. If you need additional help or have any questions about available resources we encourage you to reach out to your Chair or supervisor.

You may also contact me or any of the other members of the Faculty Caregiving Advisory Committee if you have any ideas for additional ways in which our committee can support you.

Orienne Smith (osmith@umbc.edu)
Chair, Faculty Caregiving Advisory Committee

Committee members:

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Caregiving and Wellness Resources

Caregiving and Family Support

[Resources for Caregivers at UMBC](#)
[UMBC Cares Faculty & Staff Emergency Fund](#)
[Care@Work](#)
[The Women's Center](#)
[Family Support for UMBC Faculty](#)

Health and Wellness Support

[Employee Assistance Program](#)
[Wellness Initiative](#)

Spring 2022 Wellness and Mental Health Awareness Events

[WIN Events](#)
[Thursday, April 7: UMBC's Mental Health Community Awareness Day](#)