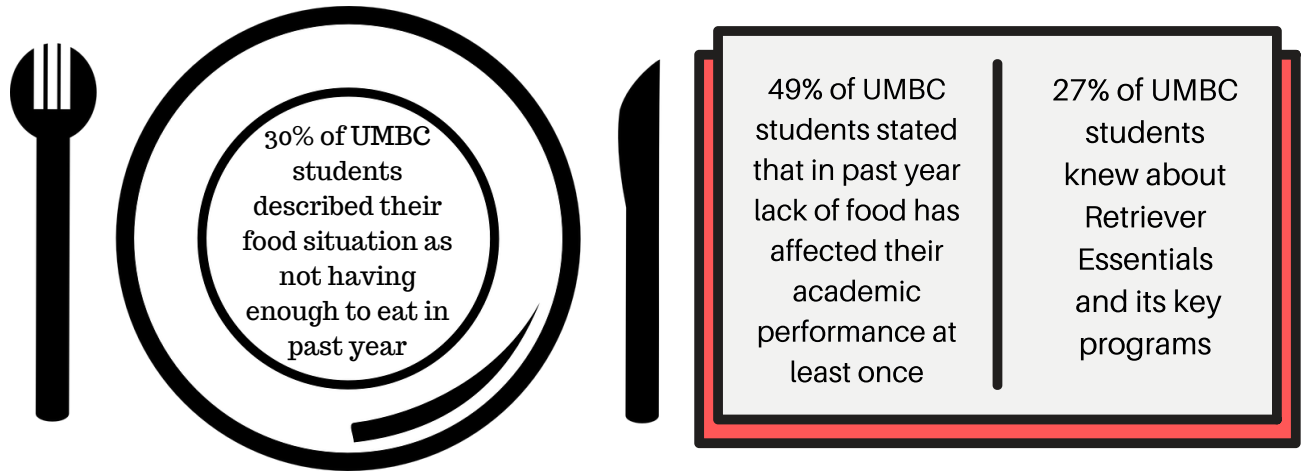


Retriever Essentials

Retriever Essentials is a student-faculty-staff partnership that aims to eliminate food insecurity in the UMBC community. It provides free nonperishable food items, toiletries, and winter clothing to anyone with a UMBC ID



The UMBC Community access food and other essentials via:

- **Food Pantry (Sherman 205)**
 - Visit to pack your own food bag (Mon/Wed/Fri 12 to 2 and Tue/Thu 4 to 6).
- **Food Zones**
 - Free bags of nonperishable food items available at six food zones on campus: Campus Police, Counseling Center, Mosaic Center, Honors College, Res Life, Women's Center, and Off-Campus Student Services
- **Save-a-Swipe**
 - Free meal credits available to students to use at True Grits Dining Hall
- **Community Partnerships**
 - Free breakfast, lunch, and snacks at the Women's Center; all genders welcome
 - Food coupons available at Off-Campus Student Services
 - Free winter clothing (coats, jackets, hats, gloves, and scarves) available at the Coat Closet; contact julier@umbc.edu

Faculty and staff members in need can also access the food pantry services to pick up nonperishable food items and toiletries

How can you help:

- Bring nonperishable food items and toiletries to Retriever Essentials Donation Boxes in Admin Building, Commons, or AOK Atrium
- Spread the word and follow Retriever Essentials on myUMBC and Facebook
- Donate to our foundation account at <https://retrieveressentials.umbc.edu>

For more information please contact retrieveressentials@umbc.edu



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